



# Comparison of different fiber coatings for distributed strain measurement in cementitious matrices

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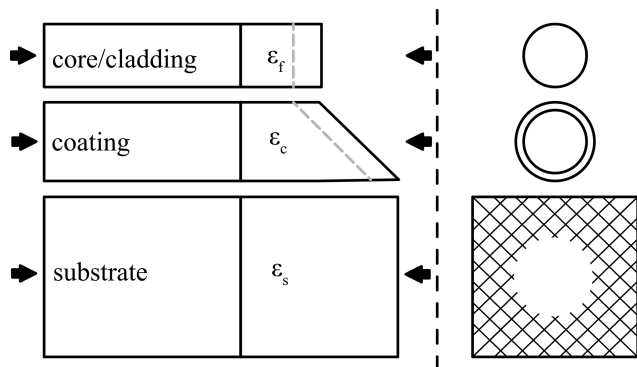
**Abstract.** Distributed fiber optic strain measurement based on Rayleigh scattering has recently become increasingly popular in automotive and mechanical engineering for strain monitoring and in the construction industry, especially structural health monitoring. This technology enables the monitoring of strain along the entire fiber length. This article addresses integrating optical fibers of different coatings into the concrete matrix to measure the shrinkage deformations. However, previous studies do not give a clear statement about the strain transfer losses of fiber optic sensors in this application. In this context, three different coating types were investigated regarding their strain transfer. The fibers were integrated into fine-grained concrete prisms, and the shrinkage strain was compared with a precise dial gauge. The analysis shows a high correlation between the reference method and the fiber measurement, especially with the ORMOCER<sup>®</sup> coating. The acrylate coating used is also consistent in the middle area of the specimen but requires a certain strain introduction length to indicate the actual strain. The main result of this study is a recommendation for fiber coatings for shrinkage measurement in fine-grain concretes using the distributed fiber optic strain measurement. In addition, the advantages and disadvantages of the measurement method are presented.

## 1 Introduction

The development of fiber optic sensors (FOSs), primarily distributed measurement methods, has led to exciting application scenarios in recent years (Udd, 2011; Parker et al., 1997; Czarske and Müller, 1994; Horiguchi et al., 1995). In particular, research groups have published various applications for structural health monitoring (SHM) in civil engineering (Barrias et al., 2018; Inaudi and Glisic, 2005; López-Higuera et al., 2011; Brault and Hoult, 2019). Measurement methods based on Rayleigh, Brillouin, and Raman scatterings are suitable for the measurement tasks in SHM because of their distributed measurement principle. While Raman scattering only measures temperatures, Brillouin and Rayleigh scatterings can measure the temperature and strain (López-Higuera et al., 2011). The difference between these two methods can be found in the spatial resolution, maximum measuring length, and accuracy. Using Brillouin scattering, measure-

ment tasks of several kilometers can be realized with a spatial resolution in the centimeter range (Parker et al., 1997; Leung et al., 2013; Song et al., 2010). Rayleigh scattering used in this study has a maximum measuring length of approximately 70 m and a spatial resolution of a few millimeters (Samiec, 2012).

Distributed fiber optic strain measurement offers essential benefits compared with established measurement methods such as fiber Bragg grating (FBG) sensors, strain gauges, or inductive displacement transducers. In addition to their corrosion resistance, they are dielectric and immune to electromagnetic radiation (Samiec, 2012). Any point of the entire glass fiber can be used as the measuring range for the strain measurement and is not restricted to a predefined section (Weisbrich et al., 2017). Another advantage is the possibility of integrating the fiber into the building material matrix. This enables one to determine strain within concrete compo-

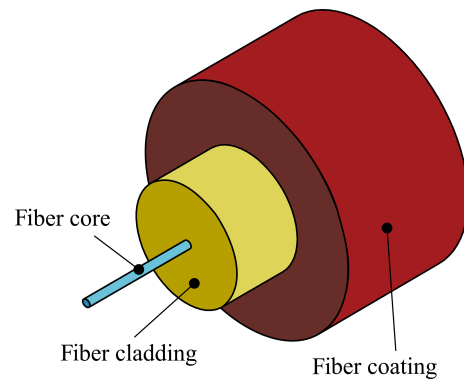


**Figure 1.** Slip relationship between the matrix and the fiber core based on Cheng et al. (2005).

nents, which can contain information on the curing and load behavior. Especially with massive concrete structures such as foundations or concrete roads, a strain measurement in the matrix can represent the structural and loading conditions. In prefabricated elements, the quality management of posttreatment and health monitoring can be combined. However, information on the deformation within the matrix can also lead to new design approaches in the shrinkage, creep, or swelling behavior of concrete components in research.

For a realistic representation of the strain in the matrix using FOSs, the investigation of the strain transfer from the substrate to the fiber is a primary factor (Fig. 1). The strain is determined only in the fiber core (Fig. 2). Two mechanisms have a decisive effect on the deformations of the fiber sensors: first, slippage can occur between the fiber cladding (the so-called coating) and surrounding substrate; second, depending on the coating material, the cladding cannot wholly transfer the strain from the substrate to the fiber cladding and the core. The model by Cheng et al. (2005) was modified in this respect and is shown in Fig. 1. The slip relationship between the substrate and the fiber coating largely depends on the curing state of the concrete. Only when the concrete has sufficiently hardened can the strain transfer occur. The bond between coating material and concrete is critical for the strain transfer. For the slip between the fiber coating and the fiber cladding, the stiffness of the coating material is decisive for adequate transfer (Wan et al., 2008; Weisbrich and Holschemacher, 2018; Betz et al., 2006).

Various research groups have analyzed the effect of the fiber coating on strain transfer during measurements in the matrix. For example, with the help of Brillouin scattering Zeng et al. (2002) determined that fiber cables showed lower strain values in the matrix than the reference method. Li et al. (2002) investigated the strain transfer rates of embedded FBG sensors in mortar prisms. Using a calculation model, the group transferred the lower strain transfer rates (approx. 0.7–0.85) of coating material to the reference measurement level. In 2003, the research group extended its model to include pressure loads (Li et al., 2003). Delepine-



**Figure 2.** Structure of a fiber.

Lesoille et al. (2006) validated a developed fiber cable and integrated it into concrete cylinders subjected to compression and tension. Compared with Li et al. (2002), they achieved transfer rates of almost 100 % but only in the range up to approximately  $-350\mu\epsilon$ . In 2010, Henault et al. (2010) also used fiber cables to measure the strain in the concrete matrix. In 2012, the research group investigated another type of cable (Henault et al., 2012a). In contrast to the previously presented study, the sensors showed an approximately 20 % lower strain value, so a calculation model for adjustment followed (Henault et al., 2012b). In 2009, Li et al. (2009) examined various strain transfer models for different materials and confirmed them using experiments with sensors bonded to the surfaces. For concrete with a modulus of elasticity of  $40\,000\text{ N mm}^{-2}$ , the researchers determined transfer rates of approximately 90 %. In this study, experiments on the application in the concrete matrix are missing. Her and Huang (2011) used a test program and a finite element (FE) analysis to establish a transfer function, with which the raw data, consisting of high strain losses, could be converted into the real strain. Ohno et al. (2001) integrated FOSs into the compression and tensile zones of a concrete slab and checked the displayed strains. They found that the fiber could not sufficiently anchor in the concrete structure. Bao et al. (2015) used pulse pre-pump Brillouin optical time-domain analysis to measure the shrinkage-induced strain of a cylindrical mortar sample. Their investigation revealed no strain losses between the fiber measurement and the reference method. However, the precise specification of the coating used is missing. In addition, they did not investigate any other coating materials. The research group extended their examination of the measurement of strain in the concrete matrix using distributed fiber optic sensors (DFOSs): in Bao et al. (2017) the research group detected the shrinkage-induced delamination of concrete overlays. They used two different fiber types with a coating diameter of 432 and 1312  $\mu\text{m}$ , respectively. Despite the thick coating, the researchers do not provide any information on the strain losses or compare them to a reference measurement. Davis et al. (2017) investigated the shrinkage-

**Table 1.** Coating materials and fiber specifications.

Coating material	Acrylate	Polyimide	ORMOCER®
Fiber type	SMF-28e+®	FSG-A01	LAL-1550-125
∅ coating (μm)	242 ± 5	155 ± 5	195
∅ cladding (μm)	125 ± 0.7	125	125 ± 1
Attenuation (dB km <sup>-1</sup> )	< 0.02	< 0.6	< 2.5
Manufacturer	Corning®	FBGS	FBGS

induced strains on a concrete specimen using DFOSs. The researchers bonded the fiber to a reinforcing bar, which they subsequently embedded in the concrete. Compared with the other studies, the authors used rebar as a carrier material. The strain behavior of the fiber directly in the matrix was not examined. Using a brass frame and fiber with a single-layer polyimide coating, Speck et al. (2019) fixed a fiber in small-format concrete specimens and achieved similar values to the reference measurement. In the compression test, the fiber sensors revealed higher values than the strain gauge measurements on the surface.

The publications presented give contradictory statements about the strain transmission performance of optical fibers for measuring strain in the concrete matrix. In some cases, the specification of the coating used was completely omitted. Furthermore, in some investigations, the strain losses at lower loads were considerably higher than those in the tests. This article wants to make a clear statement on the strain transmission performance of optical fibers under shrinkage-induced load. Therefore, the study compares the effect of three different coating materials on the strain measurement of the DFOS in the concrete matrix. Thus, shrinkage tests on fine-grained concrete prisms are used to describe the strain behavior.

## 2 Experimental program

### 2.1 Coating materials and concrete mixture

The strain transfer properties of three different coating materials were investigated using shrinkage tests. With two conventional coatings, acrylate and polyimide, the results from the literature should be verified and form a baseline for comparison (Speck et al., 2019; Fischer et al., 2019; Li et al., 2002; Her and Huang, 2011). The third coating material, ORMOCER®, was developed especially for FBG sensors and has shown good strain transfer properties in previous investigations with bonded sensors (Weisbrich and Holschemacher, 2018; FBGS International N. V., 2015). Table 1 summarizes the fiber types and their most important characteristics.

The matrix was a high-strength concrete with a maximum grain size of 2 mm, an elasticity modulus of 45 000 N mm<sup>-2</sup>, and a compressive strength of 111 N mm<sup>-2</sup>. Dyckerhoff cement was provided as a compound (Dyckerhoff GmbH,

**Table 2.** Concrete mixture for the shrinkage tests based on Dyckerhoff GmbH (2017).

Matrix	Unit	Quantity
BMK-D5-1 (compound)		815
BCS 0.06/0.2		340
Sand 0/2	(kg m <sup>-3</sup> )	965
Water		190
Superplasticizer (MC-VP-16-0205-02)		17

**Table 3.** Specimen assignment and coating material for the shrinkage tests.

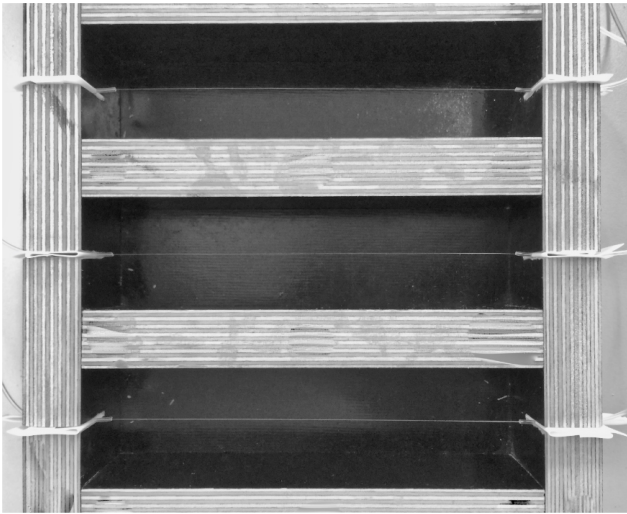
No.	Assignment	Coating material	<i>l</i> <sub>0</sub> (mm)
1	A1- <i>t<sub>i</sub></i>	Acrylate	160.0
2	A2- <i>t<sub>i</sub></i>		160.1
3	A3- <i>t<sub>i</sub></i>		160.0
4	P1- <i>t<sub>i</sub></i>	Polyimide	159.9
5	P2- <i>t<sub>i</sub></i>		159.9
6	P3- <i>t<sub>i</sub></i>		160.2
7	O1- <i>t<sub>i</sub></i>	ORMOCER®	159.9
8	O2- <i>t<sub>i</sub></i>		160.0
9	O3- <i>t<sub>i</sub></i>		160.4

2017); all other components are listed in Table 2. The fine-grained concrete was selected according to its high shrinkage tendency, which results in a correspondingly high load on the fiber.

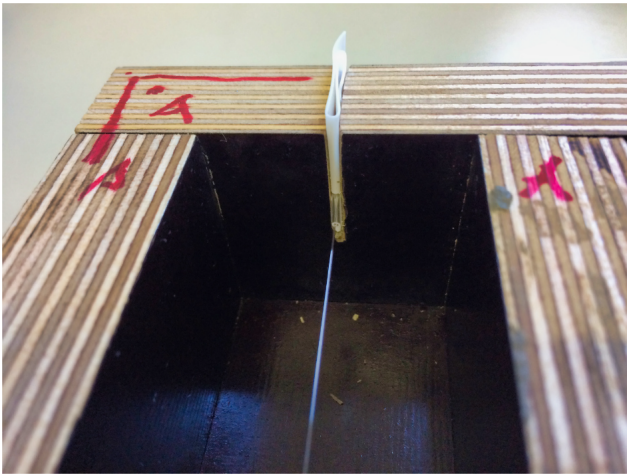
#### 2.1.1 Specimens and preparation

Concrete prisms with *b*, *h*, and *l* dimensions of 40, 40, and 160 mm, respectively, were used as the test specimen geometry. Three test specimens were produced per fiber type, which resulted in a test matrix of nine test specimens (Table 3). To integrate the fiber into the matrix, a modified formwork was used (Fig. 3), where the sensors were clamped and cleaned with isopropanol. Immediately after concreting, the fiber was additionally tensioned to ensure the correct position in the specimen. A Teflon tube was used to minimize the risk of fiber breakage in the outlet areas and protruded 10 mm into the concrete matrix on each end face (Fig. 4). The area protected by the tube was not included in the analysis and is marked accordingly in Figs. 7 and 8. Furthermore, the area with the Teflon tube was used for temperature compensation.

For the reference measurement method, special measuring pins have been glued in the middle of the end faces (Fig. 5). In this regard, the fiber was arranged by an offset dimension of *e* = 7 mm. The null length *l*<sub>0</sub>, which is required to determine the reference strain, corresponds to the specimen length. Table 3 summarizes the zero length, specimen designation, and associated coating materials.



**Figure 3.** Test specimen formwork with tensioned fiber.

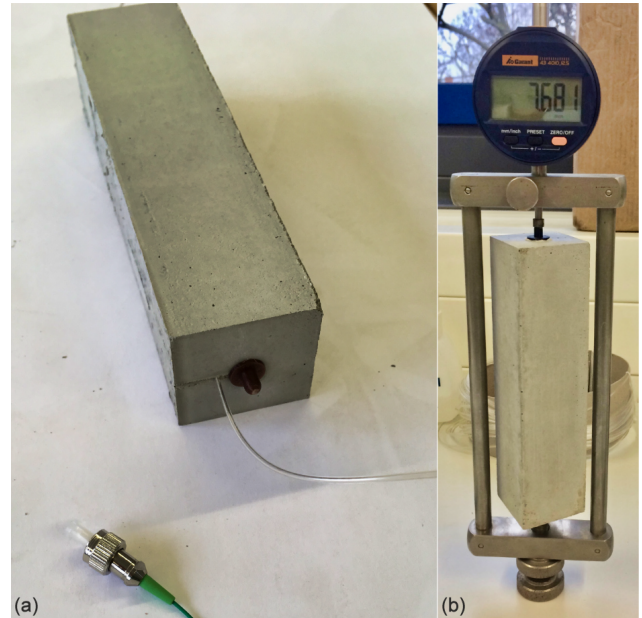


**Figure 4.** Fixed fiber with Teflon tube.

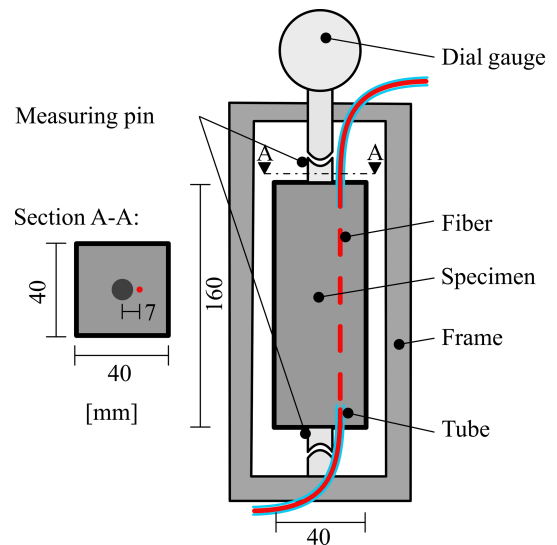
**2.1.2 Test arrangement and procedure**

The test setup and procedure are based on the German standard DIN 52450 and are shown in Fig. 6 (DIN 52 450:1985-08, 1985). At 24 h after concreting, the test specimens were prepared for the strain measurement, which proceeded as follows:

- stripping the test specimens;
- measuring temperature on the concrete surface with an infrared thermometer to evaluate temperature effects;
- applying the measuring pins and determining the null length  $l_0$ ;
- clamping the specimens in the measuring frame (Fig. 5b);



**Figure 5.** (a) Test specimen with sensor fiber and measuring pin; (b) test specimen in the measuring frame.



**Figure 6.** Arrangement of the test specimen and test setup.

- reading the reference value  $t_0$  for both measuring methods.

During the experiment, the specimens were stored in a climatic box with constant climatic conditions (39 % RH, 22 °C). Due to the relatively low humidity, the shrinkage load needed to be increased. Besides a temperature measurement of the climatic box, a temperature measurement of the sample surface was also used. Due to the low deviation from the ambient temperature (< 2 °C), the temperature effect on the strain measurement is classified as low. The strain was mea-

**Table 4.** Test times of the shrinkage tests.

Time of measurement	Time after concreting	
	(h)	(d)
$t_0$	$24 \pm 1$	1
$t_1$	$96 \pm 1$	4
$t_2$	$192 \pm 1$	8

sured using both measurement methods 4 and 8 d after concreting. The measurement times are listed in Table 4.

**2.2 The DOFS system and reference measurement**

The strain measurement of the fiber sensors was performed with the interrogator ODiSI-B from LUNA Inc. The interrogator measures the Rayleigh backscattering and uses coherent frequency domain reflectometry to determine the location of the strain along the fiber. Through the frequency shift between the unloaded reference state and the loaded state as well as a subsequent fast Fourier transformation (FFT), the deformations can be determined. Further information on the measurement procedure can be found in the literature (Weisbrich et al., 2017; Samiec, 2012; Gifford et al., 2005; Froggatt and Moore, 1998).

Sensitive digital dial gauges were used as a reference method to measure the length change between the two measuring pins (Figs. 5 and 6). The display of the difference is approximately 0.001 mm; the error limit is 0.0005 mm.

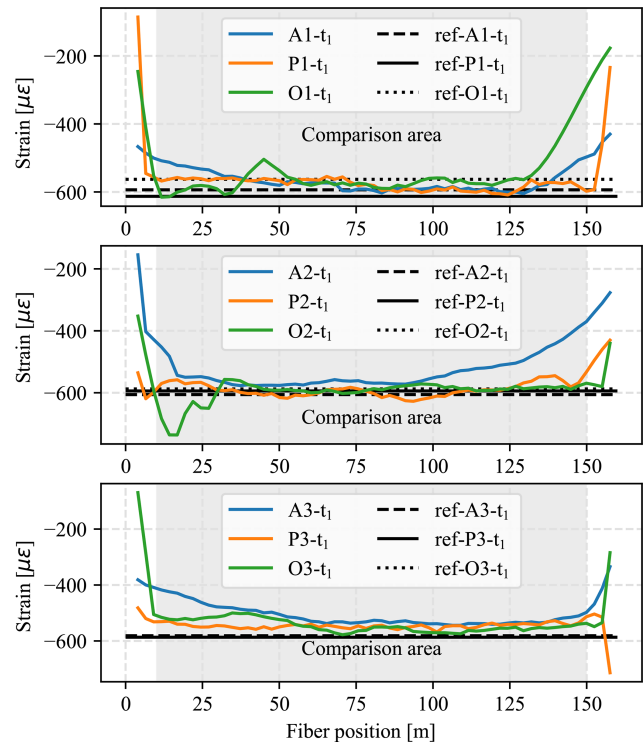
**2.3 Evaluation process**

The fiber optic measurement method with its distributed measurement generates a considerable amount of data (Weisbrich and Holschemacher, 2018): the method records a strain value for every 2.56 mm of the measuring fiber. To minimize the effect of the measurement noise, the strain values were recorded at a measuring rate of 1 Hz for 30 s at each measurement time  $t_i$  (Table 4). With a measuring length of 160 mm, 1860 strain values are recorded in the measuring range at each measurement time.

A Python-based post-process was programmed to prepare the measurement raw data accordingly. As the first step, the relevant measurement range was delimited, which results in a matrix  $\mathbf{X}$  with approximately  $62 \times 30$  measured values per sample and time of measurement.

$$\mathbf{X}_{i,t_i} = \begin{pmatrix} \varepsilon_{t_i,1,1} & \cdots & \varepsilon_{t_i,1,n} \\ \vdots & \ddots & \vdots \\ \varepsilon_{t_i,n,1} & \cdots & \varepsilon_{t_i,n,n} \end{pmatrix} \quad (1)$$

Akima interpolation (Akima, 1970) filters system-related measurement errors based on extreme strain variations. The authors achieved better approximations compared with other interpolation or filter methods.



**Figure 7.** Strain profiles of all specimens at test time  $t_1$ .

To reduce the measurement noise and improve the comparability with the reference method, the matrix of Eq. ( 1 ) is combined using a median to form a vector with the strain values:

$$\widetilde{\mathbf{x}}_{i,t_i} = [\widetilde{\varepsilon}_{i,1} \cdots \widetilde{\varepsilon}_{i,n}]. \quad (2)$$

Figures 7 and 8 show the individual vectors of the respective specimens. Then, the average strain values and standard deviation in the comparison range can be calculated. The results of the comparison range averaging are shown in Table 5; the mean values of the specimens are shown in Table 6.

**3 Results**

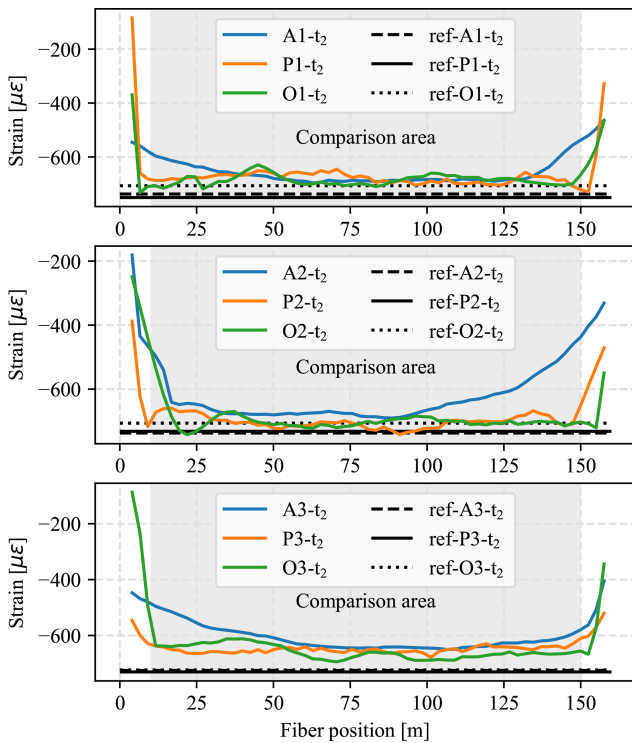
The primary purpose of the experiments was to investigate the distributed fiber optic measurement method regarding the strain measurement in the concrete matrix. To this end, the shrinkage behavior of nine test specimens with different coating materials was investigated.

An overview of the results of the experiments is shown in Table 5. It contains the mean strain values of the fiber measurement in the comparison range, their associated standard deviation along the fiber, and the respective reference measurement at time points  $t_1$  and  $t_2$ . The strain of the reference measurement results from the reference length  $l_0$  (cf. Table 3) and measured value:

$$\varepsilon_r = \frac{\Delta l}{l_0}. \quad (3)$$

**Table 5.** Strain values and standard deviation in the comparison area of the fiber measurement compared with the strain values of the reference measurement at test times  $t_1$  and  $t_2$  (in  $\mu\epsilon$ ).

Coating	No.	Fiber measurement				Reference measurement	
		Average strain		Standard deviation		$t_1$	$t_2$
		$t_1$	$t_2$	$t_1$	$t_2$		
Acrylate	1	-583	-682	15	11	-594	-737
	2	-552	-662	26	28	-606	-737
	3	-523	-628	20	22	-581	-725
Polyimide	1	-580	-677	17	18	-613	-750
	2	-600	-710	14	14	-594	-732
	3	-549	-652	7	9	-587	-730
ORMOCER®	1	-569	-682	20	19	-563	-707
	2	-585	-702	11	13	-588	-706
	3	-549	-662	23	25	-586	-723



**Figure 8.** Strain profiles of all specimens at test time  $t_2$ .

The mean values of the three specimens per fiber coating are shown in Table 6, and those of the reference measurement are shown in Table 7. The comparison of the two measurement methods can be characterized by the quotient between fiber measurement  $\epsilon_f$  and reference measurement  $\epsilon_r$ :

$$q = \frac{\epsilon_f}{\epsilon_r} \tag{4}$$

**Table 6.** Average strain values and standard deviation in the comparison area at test times  $t_1$  and  $t_2$  (in  $\mu\epsilon$ ).

Coating	Strain		Standard deviation	
	$t_1$	$t_2$	$t_1$	$t_2$
Acrylate	-553	-657	20	21
Polyimide	-576	-680	13	14
ORMOCER®	-568	-682	18	19

**Table 7.** Average strain values of the reference measurement (in  $\mu\epsilon$ ).

Coating	$t_1$	$t_2$
Acrylate	-594	-733
Polyimide	-598	-738
ORMOCER®	-579	-712

Figures 7 and 8 show the course of the strain along the fiber for all specimens at  $t_1$  and  $t_2$ . The  $x$  axis represents the fiber position, and the  $y$  axis illustrates the shrinkage strain. The comparison area where the fiber freely lies in the matrix is highlighted in gray. The 10 mm in the inlet and outlet area indicates the fiber segments where the fiber was protected from mechanical effects by a tube (Fig. 6).

The values illustrate the high correlation between fiber measurement and the reference measurement. Especially with the ORMOCER® fiber coating, the shrinkage strain can be almost completely transferred along the entire measurement length, which indicates a nearly loss-free strain transfer. During the acrylate coating, strain transfer losses were observed in the inlet and outlet areas of the fiber (cf. Figs. 7

**Table 8.** Mean strain quotients in the comparison area at test times  $t_1$  and  $t_2$ .

Coating	$t_1$	$t_2$
Acrylate	0.93	0.90
Polyimide	0.96	0.92
ORMOCER <sup>®</sup>	0.98	0.96

and 8); in the center of the specimen, the strain increases to the level of the other two coatings.

Comparison of the two measurement times  $t_1$  and  $t_2$  shows strain losses for increasing shrinkage deformation. Although the strain transfer quotient (Table 8) of the acrylate and polyimide fibers decreases by  $< 4\%$ , the loss in ORMOCER<sup>®</sup> coating is constant at  $< 2\%$ .

All specimens were similarly produced and show minor artifacts (Fig. 7, specimens O1, O2). Only the ORMOCER<sup>®</sup> coating indicates a loss-free strain transfer compared with the reference measurement and can be used for shrinkage measurement ( $t_1 < 2\%$ ,  $t_2 < 4\%$ ). In the acrylate coating, strain losses were observed in the inlet and outlet areas of the fiber in the specimen, and they indicate a slip between the coating and cladding (cf. Fig. 1). The strains in the middle area of the specimen reached those of the other coating materials. In the case of polyimide and acrylate coatings, small losses ( $< 3\%$ ) were observed between two measurement points during the strain transfer, and losses of approximately  $8\%$ – $10\%$  were found compared with the reference measurement.

#### 4 Discussion

In summary, the test design is well suited for assessing the shrinkage behavior with fiber optic strain measurements. Furthermore, the usefulness of the DOFS for the measurement of deformations in the matrix of fine-grain concretes is shown. Compared with the data from Li et al. (2002) and Henault et al. (2012a), all coatings showed significantly lower strain losses. The results indicate that the ORMOCER<sup>®</sup> coating material can be used for adequate strain measurement in fine-grain concretes. In the case of polyimide coating, small losses of  $< 8\%$  were observed. Only for acrylate coating should a strain initiation length of at least 40 mm be provided. The lower stiffness of the material may cause poorer strain transfer in these areas. The acrylate and polyimide coatings showed low losses of  $< 3\%$  at time  $t_2$  compared with the measurement after 3 d. The bond between the substrate and coating is assumed to cause the deficits. Except for the entrance area at sample O2 (Table 3, Fig. 7), all specimens were close to each other and only slightly different from the reference measurement. Considering the imprecision of both measuring methods and the fact that the fiber measurement did not cover the whole specimen, the mentioned deviations are negligibly small.

The cause of the artifacts in samples O1- $t_1$  and O2- $t_1$  at positions 20 and 150 mm is not clarified. This could be a measurement error or a partially increased and decreased shrinkage reaction, respectively. As the anomalies occurred in a reduced form at measurement time  $t_2$ , the authors do not assume a measurement error. Further investigations are necessary for this purpose.

FOS technology offers exciting advantages over the established measurement methods for strain measurement in the matrix. Using the DOFS, the strain can be determined at every point of the fiber, and the sensor fiber can be directly integrated into the concrete structure. Particularly with large concrete components, differences can occur in the shrinkage measurement at the surface compared with that in the matrix. For a strain measurement that corresponds to the real deformation of the component, the strain transfer between substrate and coating and between coating and cladding should be investigated (Fig. 1). Only the frequency shift in the fiber core can be used to determine the strain. In addition to the slip relationship, the correct integration of the fiber into the concrete structure is a challenge. The sensor must retain its intended position even after concreting. Another important aspect is the curing time of the fresh concrete. Only when the concrete has sufficiently hardened can the deformations be transferred to the fiber. In the tests, the measurement was started 24 h after concreting.

The abovementioned tests form a basis to explore the possibilities of the DOFS with respect to measuring the strain in the concrete matrix and the SHM of concrete components, especially for precast elements. Besides, the strain transfer properties of the three coating materials for deformation, measurements in the matrix are evaluated in more detail. However, further investigations are necessary for SHM: for example, the behavior of the fiber sensor remains unclear regarding the position when larger aggregates are used. Another important aspect is the protection of the fiber against destruction. The moisture, aggregates of the concrete, and paving conditions on the construction site are essential in this respect. Strain cables can help here. However, in contrast to fibers that are exclusively protected by the coating, the larger structure of cables increases the slip-related expansion losses. Furthermore, the long-term stability of the sensors is unclear. In particular, the moist, alkaline milieu of concrete can impair the strain transfer during long-term monitoring. In addition to the investigation of other coating materials and cable types, the behavior of the fiber sensors under mechanical loads will be the subject of future investigation. To date, the measuring method has only been tested under pressure loads for the presented case. The strain transfer behavior under tensile loads and the resulting formation of cracks remain unclear.

## 5 Conclusions

This investigation compared different coating materials with respect to their strain transfer properties during strain measurement in the matrix using shrinkage tests. If the represented requirements are fulfilled, exact and reproducible results can be achieved using the ORMOCER<sup>®</sup> coating material. The following conclusions are drawn from the study:

- The study shows the successful use of DFOSs for strain measurement in the concrete matrix.
- The measured strain losses are lower than those in the literature; therefore, the use of transfer functions is unnecessary.
- The test setup is suitable for the validation of different fiber coatings regarding their strain transmission rates.
- The exact position of the fiber in the matrix during and after concreting is decisive for the indicated strains.
- The concrete should be sufficiently cured to guarantee the strain transfer. In the tests, the measurement began after 24 h.
- With the ORMOCER<sup>®</sup> coating, almost no strain losses were detected at the first sampling time.
- In the case of the acrylate and polyimide coatings, an approximately 3 % loss occurred between the first and second measurements.
- The acrylate coating showed higher strain losses in the boundary areas than in the middle of the test specimen (max. 37 %). From a strain introduction length of approximately 40 mm, the acrylate fiber showed strains at the level of the reference measurement and two other coating materials.
- Due to the immense amount of data, additional post-processes and error algorithms are necessary to exclude system-related measurement errors and precisely display the results.

**Data availability.** The datasets used and analyzed in the current study are available from the corresponding author upon reasonable request.

**Author contributions.** MW performed the experiments with the distributed fiber optic sensors, evaluated the data concerning the topic, and wrote the final paper. KH and TB provided support for the experiments and gave advice regarding the conceptual design of the paper. All authors read and approved the final paper.

**Competing interests.** The authors declare that they have no conflict of interest.

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